



**TOTAL PEOPLE**  
LEADERS IN LEARNING®

**CAREERS  
EDUCATION,  
INFORMATION,  
ADVICE AND  
GUIDANCE  
HEALTH AND  
SOCIAL CARE/  
HEALTHCARE**

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# QUALIFICATIONS

## PATHWAYS FOR PROGRESSION

There are many qualifications/training programmes that can help you progress your career in the Adult Healthcare sector. The following pathways are examples of how this might look.



If your aim is to become a nurse, then you may choose to complete A-levels and then progress onto a degree course. The usual entry requirements for a nursing degree are at least two (usually three) A-levels or equivalent qualifications at level 3 or above, plus supporting GCSEs, including maths, English and a science (such as biology or human biology). If studying A-levels with the intention of progressing onto a nursing degree, usually the most important A-level would be biology. Others include chemistry, psychology and sociology. If you don't have A-levels or equivalent level 3 qualifications and wish to pursue a degree, there are access courses that can be completed, such as Access to Higher Education Diploma (Nursing) or Access to Higher Education Diploma (Nursing and Midwifery).



### Full-time education example

**Step 1**

Certificate or Diploma in Health and Social Care Level 2

**Step 2**

Certificate or Diploma in Health and Social Care Level 3

**Step 3**

Certificate in Principles of Leadership Level 4

## JOB ROLES AND CAREER PROGRESSION OPPORTUNITIES

### INTERMEDIATE ROLES IN HEALTH AND SOCIAL CARE

- Activities worker
- Care worker
- Personal care assistant
- Rehabilitation support worker
- Shared lives carer
- Advocacy worker

### INTERMEDIATE ROLES IN HEALTHCARE

- Healthcare assistant
- Senior healthcare assistant
- Diabetes assistant
- Maternity support worker
- District nursing support worker

### ADVANCED ROLES IN HEALTH AND SOCIAL CARE

- Senior care worker
- Deputy manager
- Shift leader
- Social worker

### ADVANCED ROLES IN HEALTHCARE

- Dietitian
- Podiatrist
- Occupational therapist
- Paramedic
- Physiotherapist

### Various nursing roles, including

- District nurse
- Learning disability nurse
- General practice nurse
- Nursing associate
- Mental health nurse
- Prison nurse

### ADVANCED ROLES ACROSS BOTH AREAS

- Team leader or supervisor
- Manager
- Deputy manager or team manager
- Specialist coordinator, such as dementia or end-of-life care coordinator

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## TRANSFERABLE SKILLS AND BEHAVIOURS

- The 6 Cs – Care, compassion, competence, communication, courage and commitment
- A desire to help people
- Teamwork
- Empathy
- Time management
- Flexibility
- Ability to work well under pressure and meet demanding deadlines
- Strong work ethic
- Positive attitude
- Resilience
- Professionalism
- People skills
- Organising and managing
- Decision making and problem solving
- Ability to multi-task
- Being proactive



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## CAREER DEVELOPMENT USING TRANSFERABLE SKILLS

So many of the skills gained can be transferred to other careers. Some examples include discharge liaison, which requires teamwork, communication and organisational skills to help you manage the transition from hospital to home, and a call handler/emergency medical dispatcher, which requires someone to work quickly and calmly, taking and logging essential data and providing information, advice, guidance and support to members of the public. Another example is a health trainer, who supports clients to assess and improve their lifestyle and wellbeing.

Other examples could include professions in education, coaching or instruction where you use your occupational expertise alongside coaching or teaching qualifications to support the development of others.

# MATHS AND ENGLISH

## ESSENTIALS OF NUMERACY

- Calculating height and weight (BMI)
- Reading numerical information from medical equipment, eg blood pressure
- Administering medicines and comprehending dosage
- Understanding days and times for medication
- Understanding how to read temperature figures and the significance to health
- Interpreting blood sugar readings and other clinical data
- Understanding nutritional information
- Being able to understand and calculate the difference between various units of measurement, ie imperial to metric

[Click here](#) for more information on numeracy for health and social care on the National Numeracy website.

## ENGLISH SKILLS

- Making accurate and up-to-date records in case notes, care plans, etc
- Completing forms, accident records and official paperwork
- Reading and writing emails, letters and policy documents
- Following written instructions given by others
- Assisting service users to complete forms or to write letters
- Using clear handwriting or computers to ensure that what is written is presentable and can be clearly read
- Using plain English and avoiding jargon
- Following verbal instructions given by service users, managers and others
- Knowing how to have information translated or converted into other formats

# WEBSITE AND CAREERS INFORMATION

## National Careers Service

The National Careers Service can help you make career decisions throughout your life, from deciding your education route, planning a career change at any age or getting the job that is right for you. [Click here](#) for more information.

## Skills for Care

Skills for Care supports the adult social care sector. This includes providing a range of career information and advice. [Click here](#) for more information.

## NHS

The NHS is a great source of information for those working or wanting to work in the social care sector. [Click here](#) for more information.

## UCAS

UCAS provides a wealth of independent careers information, advice and guidance. You can find out about different careers, apprenticeships and courses, as well as support guides that cover many aspects of student life. [Click here](#) for more information.

## IfATE

The Institute for Apprenticeships and Technical Education (IfATE) provides a range of information, including occupational maps. Visit the site [here](#) and select the occupational route you are interested in.



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Total People is part of LTE group.

LTE group is committed to equality of opportunity, non-discriminatory practices and supporting individual students.

